

POSTER

HOW IS LOVE RELATED TO JEALOUSY?

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ABSTRACT

Love is interpreted in two dimensions: as lifelong attachment to important people and as emotional reliance. Generally, romantic love and jealousy, seemingly contradictory, share evolutionary roles in sustaining relationships. Love enhances bonding, teamwork, and offspring safeguarding, while jealousy emerges when valuable bonds are at risk. In our research with couples ($n=332$), we observed a strong link between attachment and jealousy, yet a minimal connection between attachment and love as dependency. This indicates a need for deeper exploration of these feelings as interrelated aspects in human connections.