

POSTER

ASSOCIATION BETWEEN PORNOGRAPHY CONSUMPTION AND OWN SEXUAL ACTIVITIES IN YOUNG ADULTS

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ABSTRACT

The consumption of pornographic material is a widespread phenomenon. Previous studies suggest that viewing pornography may influence attitudes toward sexuality, relationships, and one's own sexual behavior. Most research focuses on adults, even though pornography may have a greater impact on young adults who are at the beginning of their sexual lives. Most studies primarily examine the frequency of pornography viewing, although content may vary and only some types may be problematic.

This project examines pornography consumption frequency, specific types viewed, individual sexual behavior, and participants' attitudes and experiences. We expect viewing specific types of pornography to correlate with the desire to try those sexual activities and with participants' actual experiences. The research will be conducted using online questionnaires covering frequency and types of pornography viewed, desire to try specific activities, and individual sexual experiences. It also includes items from the Rape Myth Acceptance Questionnaire, assessing belief in stereotypical ideas about rape that justify sexual aggression and blame victims. Respondents will be recruited via high school organizations, social media, and leaflet promotion targeting students over 18. The target sample is approximately 500 individuals aged 18–30 years. The findings of the research may contribute to a better understanding of the influence, attitudes, and relationship of young adults toward the topic of pornography and may subsequently serve as a basis for the development of effective intervention and prevention strategies.